

### FRIDAY, APRIL 19TH *GYM A*

<b>SESSION 1A</b> LEVEL 6 CH A	General Stretch Introductions Timed Warm Up Competition Begins Awards	8:00 AM 8:20 AM 8:30 AM 8:45 PM 11:12 AM
<b>SESSION 2A</b> LEVEL 6 CH B	General Stretch Introductions Timed Warm Up Competition Begins Awards	11:30 AM 11:50 AM 12:00 PM 12:15 PM 2:42 PM
<b>session за LEVEL 6</b> сн с	General Stretch Introductions Timed Warm Up Competition Begins Awards	3:00 PM 3:20 PM 3:30 PM 3:45 PM 6:08 PM
<b>SESSION 4A</b> LEVEL 6 JR A	General Stretch Introductions Timed Warm Up Competition Begins Awards	6:30 PM 6:50 PM 7:00 PM 7:15 PM 9:38 PM



### FRIDAY, APRIL 19TH *GYM B*

SESSION 1B	General Stretch	8:00 AM	
	Introductions	8:20 AM	
LEVEL 6	Timed Warm Up	8:30 AM	
JR B	<b>Competition Begins</b>	8:45 PM	
	Awards	11:12 AM	
SESSION 2B	General Stretch	11:30 AM	
LEVEL 6	Introductions	11:50 AM	
		12:00 PM	
JR C	Competition Begins	12:15 PM	
	Awards	2:40 PM	
SESSION 3B	General Stretch	3:00 PM	
LEVEL 6	Introductions	3:20 PM	
	Timed Warm Up	3:30 PM	
SR A	<b>Competition Begins</b>	3:45 PM	
	Awards	6:10 PM	
05001011 45	General Stretch	6:30 PM	
SESSION 4B	Introductions		
LEVEL 6	Timed Warm Up	7:00 PM	
	Competition Begins	7:15 PM	
SR B	Awards	9:40 PM	
	Awarus	3.40 PIVI	



#### SATURDAY, APRIL 20TH GYM A

SESSION 5A	General Stretch	8:00 AM	
	Introductions	8:20 AM	
LEVEL 7	Timed Warm Up	8:30 AM	
CH A	<b>Competition Begins</b>	8:45 PM	
	Awards	11:15 AM	
SESSION 6A	General Stretch	11:30 AM	
LEVEL 7	Introductions	11:50 AM	
	Timed Warm Up	12:00 PM	
CH B	Competition Begins	12:15 PM	
	Awards	2:40 PM	
SESSION 7A	General Stretch	3:00 PM	
LEVEL 7	Introductions	3:20 PM	
	Timed Warm Up	3:30 PM	
CH C	<b>Competition Begins</b>	3:45 PM	
	Awards	6:19 PM	
	Conoral Stratch	6.20 DM	
SESSION 8A	General Stretch	6:30 PM	
	Introductions	6:50 PM	
LEVEL 7	Introductions Timed Warm Up	6:50 PM 7:00 PM	
	Introductions	6:50 PM	



### SATURDAY, APRIL 20TH GYM B

session 5b LEVEL 8	General Stretch	8:00 AM	
	Introductions	8:20 AM	
	Timed Warm Up	8:30 AM	
CH A	<b>Competition Begins</b>	8:45 PM	
	Awards	11:18 AM	
SESSION 6B	General Stretch	11:30 AM	
LEVEL 8	Introductions	11:50 AM	
	Timed Warm Up	12:00 PM	
CH B	<b>Competition Begins</b>	12:15 PM	
	Awards	2:48 PM	
SESSION 7B	General Stretch	3:00 PM	
LEVEL 8	Introductions	3:20 PM	
	Timed Warm Up	3:30 PM	
CH C	<b>Competition Begins</b>	3:45 PM	
	Awards	6:18 PM	
SESSION 8B	General Stretch	6:30 PM	
LEVEL 8			
LEVELO	Timed Warm Up	7:00 PM	
JR A	Competition Begins	7:15 PM	
	Awards	9:48 PM	



### SUNDAY, APRIL 21ST GYM A

SESSION 9A	General Stretch	8:00 AM	
	Introductions	8:20 AM	
LEVEL 7	Timed Warm Up	8:30 AM	
JR B	Competition Begins	8:45 PM	
	Awards	11:15 AM	
05001011404		11.20 414	
SESSION 10A	General Stretch	11:30 AM	
LEVEL 7		11:50 AM	
JR C	Timed Warm Up	12:00 PM	
on o	Competition Begins Awards	12:15 PM 2:45 PM	
	Awarus	2.45 PM	
05001011444		2:00 PM	
SESSION 11A	General Stretch	3:00 PM	
LEVEL 7		3:20 PM	
SR A	Timed Warm Up	3:30 PM	
JN A	Competition Begins Awards	3:45 PM 6:19 PM	
	Awarus	0.19 FW	
session 12A LEVEL 7	General Stretch	6:30 PM	
	Introductions	6:50 PM	
	Timed Warm Up	7:00 PM	
SR B	<b>Competition Begins</b>	7:15 PM	
	Awards	9:49 PM	



### SUNDAY, APRIL 21ST GYM B

SESSION 9B	General Stretch	8:00 AM	
	Introductions	8:20 AM	
LEVEL 8	Timed Warm Up	8:30 AM	
JR B	<b>Competition Begins</b>	8:45 PM	
	Awards	11:15 AM	
SESSION 10B	General Stretch	11:30 AM	
LEVEL 8	Introductions	11:50 AM	
	Timed Warm Up	12:00 PM	
JR C	Competition Begins	12:15 PM	
	Awards	2:45 PM	
SESSION 11B	General Stretch	3:00 PM	
LEVEL 8	Introductions	3:20 PM	
	Timed Warm Up	3:30 PM	
SR A	<b>Competition Begins</b>	3:45 PM	
	Awards	6:17 PM	
	General Stretch	6:30 PM	
SESSION 12B			
LEVEL 8	Introductions	6:50 PM 7:00 PM	
	Timed Warm Up	7:00 PM 7:15 PM	
SR B	Competition Begins Awards	9:48 PM	
	Awarus	3.40 FIVI	