



GIRLS WITH GRIT
INTEGRITY ATHLETICS INVITE

Held at: Integrity Athletics- 8185 Business Way, Plain City, OH 43064

Saturday, November 11, 2023

USAG Session 1: Level 4, Xcel Gold (60 total)

Report: 7:50a	Stretch: 8a-8:20a
Compete: 8:20a-10:50a	Awards: 10:50a-11:20a

Level 4: Buckeye(30) Performance All-stars (1) Zanesville (1)

Gold: ALL (28)

USAG Session 2: Platinum/Level 7/Level 4/Level 5 (56 Total)

Report: 11:20a	Stretch: 11:30a-11:55a
Compete: 12p-2:30p	Awards: 2:30p-3:00p

Platinum- ALL (11), **Level 7-** ALL (2), **Level 5-** ALL (1)

Level 4- Buckeye (17), Rising Stars (8), Integrity(17)

USAG Session 3: Silver/Level 3 (61 Total)

Report: 3:00p	Stretch: 3:10p-3:30p
Compete: 3:30p-5:50p	Awards: 5:50p-6:20p

Level 3:Buckeye L3 (30),

Xcel Silver: Buckeye (4), Integrity (22), Fayette (5)

USAG Session 4: Silver/Level 3 (61 Total)

Report: 6:30p	Stretch: 6:40p-7:00p
Compete: 7:00p-9:20p	Awards: 9:20p

Level 3: Buckeye (22), Performance All-Stars (2), Rising Stars (4),

Xcel Silver: Integrity (15), Heart of Ohio (18)

Sunday, November 12th, 2023

USAG Session 5: Bronze/Level 2 (48 Total)

Report: 8:00a	Stretch: 8:10a-8:30a
Compete: 8:35a-10:15a	Awards: 10:15a-10:45a

All Bronze and Level 2



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Sunday, November 12th, 2023

GCGC Session 1: Bronze/Silver (69 Total)

Report: 11:00a	Stretch: 11:15a-11:30a
Compete: 11:30a-2p	

Bronze: ALL

*Universal in 2 squads and possibly Vitality

Silver: Fayette (5), Buckeye (10), Integrity (5)

GCGC Session 2: Silver (70 total)

Report: 2:30p	Stretch: 2:45p-3:00p
Compete: 3:00p-5:40p	

Silver: WYB* (17), Westgate (1), Universal * (20), Buckeye*(17), Vitality*(15)

*will be split into 2 squads, please plan coaches accordingly

GCGC Session 3: Gold/Platinum (52 Total)

Report: 6:00p	Stretch: 6:15p-6:30p
Compete: 6:30p-9p	

Gold: ALL

Platinum: ALL

*Buckeye and Universal will be in two squads, please plan coaches accordingly