



2023/24 Integrity Athletics Girls Team Competition Schedule

Competition	Rising Stars 3 Required Exhibitions	Super Stars 5 Required Competitions	1st Year Competitive Team Athletes- Silver 6 Required Competitions (3 extra opportunities)	Xcel Silver 8 Required Competitions (1 extra opportunity)	Level 4 8 Required Competitions (1 extra opportunities)	Gold/Platinum 8 Required Competitions (2 extra opportunities)	Level 6-7 8 Required Competitions (1 extra opportunity level 7)	Level 8- 10/Diamond 8 Required Competitions (1-2 extra opportunities)
Girls with Grit Nov 10-12 Integrity Athletics	x	Required	Required	Required	Required	Required	x	x
Judges Cup Dec 2-4 Wayne County, Fairgrounds	x	Required	x	x	x	x	x	x
Mock Meet Dec 8-10 Columbus, OH	x	x	x	x	x	x	x	Required
Cowtown Dec 8-10 Columbus, OH	x	x	Required	Required	Required	Required	Required	x
Coaches Spectacular Jan 12-14 Cincinnati, OH		x	Optional	Required	Required	Required	Required	Required
Perfection Jan 20-21 Hamilton, OH	x	x	Required	Required	Required	Required	Required	Required
PT Exhibition #1 Jan 21 Integrity Athletics	Required	Required	x	x	x	x	x	x
Buckeye Classic Feb 1-4 Columbus, OH	x	x	Optional	Required	Required	Required	Required	Required
BWSF Feb 15-18 Columbus, OH	x	Required	Required	Required	Required	Required	Required	Required
Charleston Cup Feb 23-25 Charleston, SC	x	x	Optional	Optional	Optional	Optional	Required	Required
PT Exhibition # 2 March 10 Integrity Athletics	Required	x	x	x	x	x	x	x
Arnold Classic March 1-3 Columbus, OH	x	Required	Required	Required	Required	Required	x	x
Derby March 1-3 Louisville, KY	x	x	x	x	x	x	Required	Required
Optional State March 22-24 Columbus, OH	x	x	x	x	x	x	Required	Required (8-10)
Compulsory State March 15-17 Niles, OH	x	x	x	x	Required	x	x	x
Xcel State Championships April 5-7 Columbus, OH	x	x	Required	Required	x	Required	x	Required (Diamond)
9/10 Regionals April 11-14 TBD	x	x	x	x	x	x	x	Optional
Spring Spectacular April 27 Integrity Athletics	Required	x	x	x	x	x	x	x
7/8 Regionals April 19-21 TBD	x	x	x	x	x	x	Optional	Optional
Xcel Regional Championships April 26-28 TBD	x	x	x	x	x	Optional	x	Optional
Level 9 Nationals May 3-5 TBD	x	x	x	x	x	x	x	Optional
Level 10 Nationals May 10-12 Daytona Beach, FL	x	x	x	x	x	x	x	Optional

Meets and Dates Subject to change

updated 7/13/23