



2022/23 Integrity Athletics Rhythmic Team Competition Schedule

Competition	Xcel A/B	Xcel C/D	L3	L4	L5	L6	L7-8	L9
	2 Required Exhibitions (3 extra opportunities)	3 Required Competitions (2 extra opportunities)	3 Required Competitions (2 extra opportunities)	4 Required Competitions (2 extra opportunities)	5 Required Competitions (2 extra opportunities)	5 Required Competitions (3 extra opportunities)	6 Required Competitions (2 extra opportunities)	6 Required Competitions (2 extra opportunities)
Winter Cup Jan 13-16 Tyngsboro, MA	Optional	Optional	Optional	Optional	Optional	Required	Required	Required
Steel City Jan 21-22 Pittsburgh, PA	Required	Required	Required	Required	Required	Optional	Optional	Optional
Orlando Cup Feb 3-5 Orlando, FL	x	x	x	x	Required	Required	Required	Required
BWSF Feb 17-19 Columbus, OH	Required	Required	Required	Required	Required	Required	Required	Required
Vitry Stars Mar 2-6 Niles, IL	Optional	Optional	Optional	Optional	Optional	Required	Required	Required
Michigan Mar4-5	Optional	Required	Required	Required	Required	x	x	x
Tamara Cup April 6-9 Las Vegas, NV	x	x	x	x	x	Optional	Required	Required
Level 9 Classic TBD	x	x	x	x	x	x	x	Required
Regional TBD	x	x	x	Required	Required	Required	Required	x
National- requires qualification TBD	x	x	x	x	x	Optional	Optional	Optional