



## 2022 Integrity Boys Team Fall Practice Schedule

*Begins August 15th, 2022*

Training Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Hours
<b>Group 1</b>	4:00-8:00	4:00-8:00	5:00-9:00	4:30-7:30	4:00-8:00		19
<b>Group 2</b>	4:00-7:00		4:30-7:30		4:30-7:30	9:00-1:00	13
<b>Group 3</b>		5:30-8:30		4:30-7:30	4:30-7:30	12:30-3:30	12
<b>Group 4</b>	4:30-7:30		4:30-6:30			1:30-4:30	8
<b>Pre Team</b>		4:00-5:30		4:00-5:30			3
<b>Dev Team</b>	7:00-9:00			7:30-9:00			3.5