



## 2021 Girls Team Summer Schedule

June 1st- Aug 14th

\*as of 4/25/21

Training Group	Monday	Tuesday	Wednesday	Thursday	Friday	hours
Little Stars (1 or 2 day option)		3:30- 5			12:30-2	3
Rising Stars		4:30-6:30		4:30-6:30		4
Super Stars	4-7		4:30- 7			5.5
Mega Stars		9-12	4:30-7:30		9:15-11:45	8.5
Group H (3)	1:15-5:15	4:30-8 (Routine clinic 4-4:30)		4-7 (Routine clinic 7-7:30)		11.5
Group G (3/4)	4-8	1-4 (Routine clinic 4-4:30)	12:30-3:30	4-7 (Routine clinic 7-7:30)		14
Group F (4/5)	1-5		9-12:30 (routine clinic 8:30-9)	9:15-12:15 (routine clinic 12:15-12:45)	11:45-3:15	15
Group E (5)	8:30-12:30		8:30-12:30	12:30-4	11:45-3:15	15
Group D (6)	1-5	1-5	9-12:30	9-12:30		15
Group C (6/7)	8:30 – 12:30	8:30 – 12:30	1-4	9-12	12-3	17
Group B (7/8)	8:30 – 12:30	8:30 – 12:30	4-7	12:15-3:15	9-12	17
Group A (9+)	8:30-12:30	1-5	8:30-12:30	12:15-3:15	9-12	18
Recreation Team (GCGC)		4-6	4-6			4
Xcel 1	12:30-3:30		9-12:30pm			6.5
Xcel 2		9-12	9-12 pm	12-3		9
Xcel 3	8:45-12:45		12:30-4:30	9-12		11
Xcel 4	8:45-12:45		12:30-4:30	9-12	9-12	14

\* Times and start/end dates are subject to change

### Important Summer Dates

June 1st	Summer Schedule Begins	August 9th	Verification #3
June 1st	Verification #1	August 13th	Last day of Summer Schedule
July 1st	Routine Clinics Begin	August 16th	Fall Schedule Begins
July 2nd-5th	No Practice- Holiday	August 31st	Final Competition Level Determination
July 6th	Verification #2		
July 8th-10th	Girls Team Camp		