

\*\*Updated 9/22/2020

\*\*For the most up to date class offerings, as well as pricing, please see our website [www.integritygym.com](http://www.integritygym.com)\*\*

| Class                                      | Monday  | Tuesday                               | Wednesday  | Thursday                                 | Friday      | Saturday                  | Sunday      |
|--|---|---------------------------------------|--|--|-------------|---------------------------|-------------|
| <b>Preschool Gymnastics</b>                |   |                                       |  |  |             |                           |             |
| Rollie Pollies (6 mos)                     |   |                                       |  |  |             |                           |             |
| Baby Bees (Walking-2)                      |   |                                       |  |  |             |                           |             |
| Caterpillars (2-3 yr)                      | 6:00 Ashley   | 5:30 Ashley                           | 4:30 Kristen   | 9:30 Ashley                              |             |                           | 3:00 Evelyn |
| Butterflies (3 yrs- Must be potty trained) | 4:00 Ashley   | 11:30 Ashley<br>3:30 Ashley           | 3:30 Kacey<br>5:30 Kristen<br>6:00 Ashley                | 10:30 Ashley<br>5:00 Jenna               |             | 10:00 Maddy               | 2:00 Evelyn |
| Grasshoppers (4)                           | 5:00 Ashley   | 10:30 Ashley<br>4:30 Ashley           | 2:30 Kacey<br>4:00 Ashley<br>5:00 Ashley<br>6:30 Kristen | 11:30 Ashley<br>4:00 Jenna<br>6:00 Jenna | 6:45 Jody   | 9:00 Maddy<br>11:00 Maddy | 1:00 Evelyn |
| Fireflies (invite only)                    |   |                                       |  |  |             |                           |             |
| Jumping Beez (TNT)                         | 1:00 Tristan  |                                       |  | 11:00 Tristan                            | 6:45 Tarynn |                           |             |
| Preschool Rhythmic                         |   | 2:00 Hyejin                           |  |  |             |                           |             |
| <b>Girls Recreational Gymnastics</b>       |   |                                       |  |  |             |                           |             |
| Little Dolls                               | 9:30 Ashley<br>3:00 Sam<br>4:00 Sammie                  | 3:00 Aidan<br>4:45 Katie<br>5:45 Ryan | 1:00 Kacey<br>4:45 Aidan<br>5:00 Rachel                  | 6:45 Rachel                              |             | 9:30 Ryan                 | 1:00 Sam    |
| Level 1                                    | 10:45 Ashley<br>4:15 Sam<br>5:15 Sammie<br>6:00 Kennedi | 5:30 Aidan<br>7:00 Ryan               | 3:30 Aidan<br>6:00 Aidan<br>6:15 Rachel                  | 5:30 Rachel                              |             | 12:15 Ryan                | 2:15 Sam    |
| Level 2                                    | 3:30 Tony<br>6:30 Sammie<br>7:15 Kennedi                | 4:15 Aidan                            | 4:00 Linsey<br>7:30 Rachel                               | 4:15 Rachel                              |             |                           | 3:30 Sam    |
| Level 3 (70 min)                           | 4:30 Kennedi<br>5:30 Sam                                | 7:30 Tony                             | 5:15 Linsey  |  |             | 10:45 Ryan                | 11:30 Sam   |
| Level 4 (90 min)                           |   |                                       | 6:45 Linsey  |  |             | 9:00 Tony                 |             |
| Level 5 (120 min)                          |   |                                       | 6:45 Linsey (90 min)                                     |  |             |                           |             |
| <b>Boys Recreational Gymnastics</b>        |   |                                       |  |  |             |                           |             |
| Little Dudes                               |   | 5:45 Akiva                            |  | 5:15 Connor                              |             | 9:00 Akiva                | 1:00 Noah   |
| Level 1                                    | 5:15 Connor   | 4:30 Mason                            |  |  |             | 10:15 Akiva               | 2:15 Noah   |
| Level 2                                    | 7:30 Connor   |                                       |  | 7:30 Akiva                               |             | 11:30 Akiva               |             |
| Level 3 (70 min)                           |   |                                       | 7:30 Akiva   | 7:30 Connor                              |             |                           |             |
| Level 4 (90 min)                           |   | 7:00 Akiva                            |  |  |             |                           |             |
| <b>Ninja</b>                               |   |                                       |  |  |             |                           |             |
| Little Ninjas (5-6)                        | 5:00 Andrew   |                                       | 4:00 Andrew  | 6:15 Connor                              |             | 10:00 Brian               |             |
| Ninja 1                                    | 6:30 Connor   | 6:30 Andrew                           | 5:15 Andrew  |  |             | 11:15 Brian               |             |
| Ninja 2                                    | 4:00 Andrew   | 5:15 Andrew                           |  |  |             |                           |             |
| <b>Rhythmic Gymnastics</b>                 |   |                                       |  |  |             |                           |             |
| Preschool Rhythmic                         |   | 2:00 Hyejin                           |  |  |             |                           |             |
| Level 1                                    | 4:30 Caitlin  | 6:30 Caitlin                          |  |  |             |                           |             |
| Level 2                                    | 5:30 Caitlin  |                                       |  |  |             |                           |             |
| Level 3                                    |   |                                       |  |  | 5:30 Tarynn |                           |             |
| <b>Trampoline &amp; Tumbling</b>           |   |                                       |  |  |             |                           |             |
| Jumping Beez (3- 4)                        | 1:00 Tristan  |                                       |  | 11:00 Tristan                            | 6:45 Tarynn |                           |             |
| Little Jumpers                             |   | 12:45 Tristan                         | 5:30 Jayme   | 5:00 Aidan                               |             |                           |             |
| TNT Level 1                                | 5:45 Jayme  |                                       | 7:00 Jayme   |  | 4:15 Tarynn | 9:00 Tarynn               |             |
| TNT Level 2                                | 7:30 Brian  |                                       |  | 7:30 Aidan                               |             | 12:15 Jayme               |             |
| TNT Level 3 (70 min)                       |   |                                       | 7:30 Tristan   |  |             |                           |             |
| Trampoline Only                            |   | 3:30 Tarynn                           |  |  |             | 11:00 Jayme               |             |

| Tumbling and Cheer                             |                        |          |              |   |           |               |               |
|--|------------------------|----------|--------------|---|-----------|---------------|---------------|
| Class  | Monday                 | Tuesday  | Wednesday    | Thursday  | Friday    | Saturday      | Sunday        |
| Little Pom Poms                                |                        |          |              |   |           |               |               |
| Tumble Level 1                                 | 7:00 Jayme             |          |              |   |           | 10:30 Jayme   |               |
| Tumble Level 2                                 | 5:00 Wes<br>6:00 Brian | 4:00 Wes |              |   |           | 9:30 Jayme    |               |
| Tumble Level 3                                 | 6:15 Wes               | 6:00 Wes |              | 4:00 Wes<br>6:15 Aidan                                  |           |               |               |
| Tumble Level 4                                 | 7:15 Wes               | 7:15 Wes | 4:30 Wes     | 7:30 Wes  |           |               |               |
| Tumble Level 5                                 |                        |          |              |   |           |               |               |
| Ben Logan HS                                   |                        | 5:00 Wes |              |   |           |               |               |
| Marysville HS                                  |                        |          | 2:30 Wes     |   |           |               |               |
| Jonathan Alder                                 |                        |          | 5:30 Wes     | 5:15 Wes<br>6:30 Wes                                    |           |               |               |
| Acro   |                        |          |              |   |           |               |               |
| Level 1  | 5:00 Jayme             |          | 4:15 Jayme   |   | 4:00 Tony |               |               |
| Level 2  | 4:00 Jayme             |          | 7:30 Tony    |   |           |               |               |
| HUGS (Special Needs)                           |                        |          |              |   |           |               |               |
| Boys Gymnastics                                |                        |          |              | 7:30 Kaitlyn  |           |               | 10:30 Kaitlyn |
| Girls Gymnastics                               |                        |          |              | 6:30 Kaitlyn  |           |               | 12:00 Kaitlyn |
| Rhythmic Gymnastics                            |                        |          | 7:30 Kaitlyn |   |           |               |               |
| Trampoline and Tumbling                        |                        |          |              | 7:00 Trinity  |           | 12:30 Trinity |               |
| Martial Arts                                   |                        |          |              |   |           |               |               |
| Ju Jitsu                                       |                        |          |              | Tae Kwon Do   |           |               |               |
| Ages 4-7: Tuesday, Thursday, Sunday 6:30-7:15  |                        |          |              | Small Dragons (Ages 3-6)-Monday & Wednesday 6:00-6:30   |           |               |               |
| Ages 8-12: Tuesday, Thursday, Sunday 6:30-7:15 |                        |          |              | Junior Dragons (Ages 7-13)-Monday & Wednesday 6:45-7:15 |           |               |               |
| Ages 13+: Tuesday, Thursday, Sunday 7:15-8:30  |                        |          |              | Teen/Adult (Ages 13+)-Monday & Wednesday 7:30-8:00      |           |               |               |