



Integrity Athletics

Policies & Procedures for Return to Programming After Covid-19

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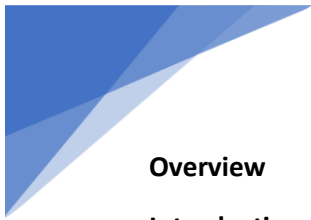
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Overview

Introduction

The health and safety of our athletes will always come first. As we return to play after the disruption due to the Covid-19 outbreak, every decision, policy, and procedure is made in the interest of our students' safety and health, both mental and physical. We cannot and will not make any decisions that favor financial needs at the cost of reasonable safety.

Updates and Changes will occur...

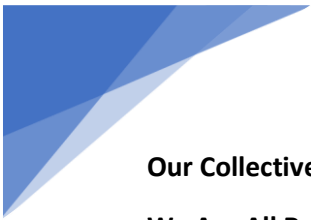
Everything about the disease, its spread, governmental guidelines, social responses, the needs of our families, and the financial environment have been in constant flux. Our plan and procedures for how we address all of these things must be adaptable, purposeful, based in science, according to the regulations put forth by local, state, and federal governments, and effective. In order to be all of those things we cannot be afraid to constantly evaluate our policies and procedures, seek out new & sound information, and adjust our responses accordingly. Integrity will alter any and all of this handbook as needed to fulfill these goals.

Everyone Must Be Their Own Advocate

One thing we have learned in our communication with our families is that each of us is approaching this recovery differently. In navigating as best we can, each of us has had to find a unique plan for the unique circumstances of our family and environment. While we as a team will continue to do everything we can to meet and exceed state and federal guidelines, while also minimizing interruption of 'normal life' as much as possible, we understand that certain solutions or policies will not be the most appropriate for each family. While we will try our best to create the best environment for everyone, we respect families who have to make the difficult decision to delay their return for now until the global situation, or a certain Integrity policy, is changed.

Adherence

Given all the above, and in the interest of protecting the health and safety of the children entrusted to our care, Integrity Athletics will be enforcing all policies and procedures listed within this document during our return to play post Covid-19. If a family, athlete, or employee is unwilling to abide by these policies and procedures, they will not be allowed to attend Integrity until either the Integrity Response Level or their cooperation have changed.



Our Collective Responsibility

We Are All Responsible and In this Together

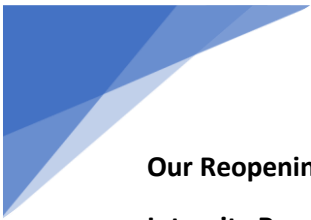
Due to the nature of how viruses spread, in order for all of us to be as healthy as possible, all of us must do our part to support a healthy and safe Integrity, and in turn healthy and safe homes for our family and friends.

A Healthy and Safe Integrity

Employees	Athletes	Parents
Responsible for ensuring our facility policies are being executed, they are also responsible for the guidelines outside of work, their own health, and their travel and leisure activities.	Responsible for following the guidelines, helping support their teammates through this time, and following all directions given by staff on site to ensure a low-risk environment for everyone.	Responsible for making sure your family is following good hygiene as a habit, following all preclusion policies, and helping our staff with your patience, support, and dutifulness as we return.

Regardless of what phase we are in, maintaining a healthy and safe environment for all of our students and families is going to take work and cooperation from our employees, athletes, and parents. We need every family to do their part to practice good hygiene, follow our policies and procedures, and be patient and supportive of our athletes and coaches during this time.

This is a stressful, unprecedented, and challenging situation for all of us. It is important to remember we all share the same goal - the safe and quick return of our children's lives to a sense of normalcy.



Our Reopening Plan

Integrity Response: Levels of Programming

Integrity Athletics has worked in coordination with the Union County Health Commission along with industry leaders in camps, Child-Instructional Services Industry, USA Gymnastics, and Cheerleading fields to create a customized and comprehensive set of policies and procedures for reopening.

In order to maintain the policies for our staff and clientele, we have had to make the difficult but realistic decision that not every child in every program will be able to return the first day we re-open - at least not in a way that would make their programs fun, engaging, and worthwhile.

While our goal is to return to all our programming as soon as possible for all the children we serve, we cannot put them at unnecessary risk. All return dates are subject to change.

Integrity Athletics Phases of Reopening (Gymnastics, Martial Arts, Ninja, Gymnastics Camps)

	Phase 1	Phase 2	Phase 3	Phase 4	Phase 5
	April – May 27 th *	May 28 th *	June 3 rd *	June 8 th *	TBD
Integrity Staff					
Competitive Teams*	<i>Paused</i>				
Recreational Classes**	<i>Paused</i>	<i>Paused</i>			
Martial Arts	<i>Paused</i>	<i>Paused</i>			
Limited Preschool (3 & 4 year old classes)**	<i>Paused</i>	<i>Paused</i>			
Camps (half day option 9-1) ***	<i>Paused</i>	<i>Paused</i>	<i>Paused</i>		
Parent Participation Preschool, HUGS, B-Day Parties, and additional Special Events	<i>Paused</i>	<i>Paused</i>	<i>Paused</i>	<i>Paused</i>	

*Team schedules have been released by Team Program Directors. Please reach out to them if you have any questions regarding your athlete's practice schedules.

**The Recreational and Preschool Schedules will differ from the school year. We will be in contact with you regarding your class enrollment during the week of May 26th.

***Full day camps will resume the week starting June 15th



Elite Volleyball Training Center

	Phase 1	Phase 2	Phase 3	Phase 4	Phase 5
	April – May 26 th	May 27 th *	June 3 rd	June 7 th	June 29 th
Integrity Staff					
Volleyball Lessons	<i>Paused</i>				
Performance Training: Open Lift	<i>Paused</i>				
In-House Leagues	<i>Paused</i>	<i>Paused</i>			
Beach Volleyball: Training & Tournaments	<i>Paused</i>	<i>Paused</i>			
Volleyball Clinics or Classes	<i>Paused</i>	<i>Paused</i>	<i>Paused</i>		
Volleyball Camps	<i>Paused</i>	<i>Paused</i>	<i>Paused</i>	<i>Paused</i>	
Volleyball Club Teams	<i>Paused</i>	<i>Paused</i>	<i>Paused</i>	<i>Paused</i>	

Trics Gymnastics Academy

	Phase 1	Phase 2	Phase 3	Phase 4
	June 1st	June 4th	June 8th	TBD
Trics Staff				
Competitive Teams (Gym & Cheer)*	<i>Paused</i>			
Recreational Classes**	<i>Paused</i>	<i>Paused</i>		
Limited Preschool (3 & 4 year old classes)**	<i>Paused</i>	<i>Paused</i>		
Parent Participation Preschool, Camps, B-Day Parties, and additional Special Events	<i>Paused</i>	<i>Paused</i>	<i>Paused</i>	

*Team schedules have been released by Team Program Directors. Please reach out to them if you have any questions regarding your athlete's practice schedules.

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Integrity is committed to the procedures set forth in the Responsible ReStartOhio guidelines released by the State for non-contact to limited contact sports, gyms, fitness centers, dance studios, day camps, as well as indoor sports. These documents can be accessed [here](#). Also, USA Gymnastics has released guidance for member clubs for recommended safe reopening measures that can be accessed [here](#).

The following operating procedures will be adopted and mandated for our return to programming.

INTEGRITY COVID OPERATING PROCEDURES

EMPLOYEES

Temperature check daily upon entering facility. Employees will be required to stay home if fever over 100 or are symptomatic.

Maintain 6-foot distance from other employees and clients unless instruction makes it impractical.

Hand washing and sanitation upon entry to facility, as well as throughout the course of the day.

Routine disinfection of high contact surfaces.

Deep cleaning facility and apparatus after hours and during low-use times.

Face covering to be worn while interacting with clients.

Group sizes will be limited to comply with State guidelines.

Attendance will be taken daily to comply with contact tracing requirements.

ATHLETES

Temperature check prior to arrival
(If unable to check at home, one will be taken on site).

Must wash or sanitize hands upon arrival for class.

Must wash hands or sanitize before leaving facility.

Hand Sanitizer made available throughout facility.

Only bring items necessary for class
(i.e. water bottle, grips, kneepads and shoes).

Limit use of cubbies and common areas where possible.

PARENTS

Temperature check prior to arrival
(If unable to check at home, one will be taken on site).

Only 1 spectator per child allowed. Drop off and pick up encouraged.

Maintain 6-foot social distancing while in the facility.

Hand Sanitizer made available throughout facility.

Limit use of cubbies and common areas where possible.

Face covering encouraged at all times while in facility.

I understand that the coaches and everyone at Integrity Athletics will make a strong effort to maintain social distancing but that there will be times when incidental contact and less than prescribed physical distancing will occur. I am aware and agree that spotting is an essential part of training my athlete in order to keep him/her safe and to prevent injury. I will allow my child to be spotted when spotting is necessary. I further understand that I am voluntarily allowing my child to participate in programs and activities offered by Integrity Athletics, knowing that it is impossible to keep him/her, myself or anyone else who enters the gym completely safe from exposure to the Covid-19 virus. I accept that risk.



Conclusion

While we cannot both be open to the public and also prevent 100% of all germs from spreading, we are proud and confident in the policies and procedures we have put in place that meet or exceed all government recommendations and guidelines. For these precautions to be as effective as possible, it will require the support and participation of the entire Integrity community. We are in this together, and we are better for it.