



**MAIN LEVEL**

MARTIAL ARTS

BIRTHDAY  
PARTY ROOM 1

UPSTAIRS OFFICES

BOOK  
NOOK

BATHROOMS

BIRTHDAY  
PARTY ROOM 2

**UPPER LEVEL**

- All cleaning lists will be posted in the gym and checked off according to schedule
- All equipment will be cleaned daily per CDC guidelines
- High use items, such as props, small mats, volleyballs, and weight equipment will be sanitized after each group, rotation or class
- Bathrooms, common areas, door handles, and general use areas will be cleaned multiple times throughout the day

Blue and Orange Zone Cleaning							
	Frequency	M	T	W	R	F	S
Bar Area							
Mop	Everyday						
Vacuum concrete floor 2x per week	2x per week						
UV light	Everyday						
Auxillary mats	everyday						
Beam Area							
Mop	Everyday						
Vacuum concrete floor	2x per week						
Fog landing mats	2x per week						
UV light	Everyday						
Auxillary mats	Everyday						
Floor/Vault							
Vaccum	2x per week						
Fog	2x per week						
Vault top	Everyday						
Springboard	Everyday						
Landing mats	Everyday						
Mop Tumble Track	Everyday						
Physio balls, small props, exercise accessories	After Use						
Ninja Area							
Ninja Rig	Daily						
Ninja Matting	Daily						
Cardio Equipment	After Use						
All small props	After Use						

Grey Zone Cleaning List							
ITEM	Frequency	M	T	W	R	F	S
Vacuum FX	Daily						
Vacuum VT	Daily						
UB/Star Bars Landing Mats	Daily						
Wedge Mats	Daily						
Panel Mats	Daily						
Barrels	Daily						
Misc Mats	Daily						
Wipe Down Cubbies	Daily						
Organize Cubbies	Daily						
Disinfect/Organize Props after each class	After each class						
Mop Tumble Track	Daily						

Red Zone Cleaning List							
Item	Number of times per week	M	T	W	R	F	S
MOP GIRLS BAR MATS and rings	Daily						
MOP TUMBLE TRAC edge and resi/lysol bed	Daily						
Clean panel mats, rainbow blocks, wedges, etc	Daily						
UV light bars and floor bars, chalk?	Daily						
Auxiliary equipment: bar bands, sticks, etc	After Each Rotation						
FOG FLOOR	2						
VACUUM ARTISTIC FLOOR	1						
CLEAN CHALK EATER FILTERS	1						
CLEAN MIRRORS ON TEAM FLOOR	1						
VACUUM BAR AREA	1						

Green Zone Cleaning List							
	Frequency	M	T	W	R	F	S
Vacuum Boys Area	Daily						
Vacuum Vault Runways	Daily						
Mop Parellel Bar Mats	Daily						
Mop Pommel Mats	Daily						
Mop Ring Mats	Daily						
Mop High Bar Mats	Daily						
Clean and disinfect parallettes	After each group						
Clean and disinfect weights and bands	After each group						
UV Sanitize bar rails	Daily						

Purple Zone Cleaning List							
	Frequency	M	T	W	R	F	S
Fogging- Trampolines, Carpets	Daily						
Clean Rhythmic Apparatus	Daily						
Clean TNT Training Tools/Rollers	Daily						
Mopping – Mats, Tumble Trac, Air Track	Daily						
Clean Cubbies	Daily						
Vacuum – Spring Floor, Rod Floors, DMT Runway Areas	3x per week						
Vacuum – Rhythmic Carpet, Tramp/Cubby Area	3x per week						
Mirrors	2x per week						

Pink Zone Cleaning List							
Item to be Cleaned	Frequency	M	T	W	R	F	S
Vacuum 1 & 2	Daily						
Vacuum A & B	Daily						
Mop all Mats 1 & 2	Daily						
Mop all Mats A & B	Daily						
Clean Bars	Daily						
Clean Beams	Daily						
Clean Props	After each class						
Mop Trampolines	Daily						
Cubbies	Daily						
Windex Windows	Daily						

Navy and Yellow Zones Cleaning List							
	Frequency	M	T	W	R	F	S
Sweep & mop bleachers	Daily						
Sweep & mop mezzanine and locker room floors	Daily						
Sweep & mop restrooms	Daily						
Sweep & mop party rooms	Daily						
Wipe down everything in restrooms (toilets, mirrors, sinks and under dryer) & restock	3x per day						
Wipe down handrails on stairs and above glass	3x per day						
Wipe down door handles	Hourly						
Upstairs glass & mirrors in party rooms	Daily						
Wipe down cubbies, all picnic tables and counter tops	Daily						
Empty all trash - upstairs inc. bathrooms	3x per day						
Wipe down trash cans	3x per day						

Maroon Zone Cleaning List							
	Frequency	M	T	W	R	F	S
Wipe down and Sanitize all countertops	3x per day						
Wipe down and sanitize entire desk and barrier	3x per day						
Wipe down and sanitize all keyboards, mice, and telephones	3x per day						
Sanitize all door handles and railings	Hourly						
Wipe and sanitize all downstairs cubbies	3x per day						
Wipe and sanitize restrooms (door handles, toilet handles, all bathroom stalls, and sinks)	3x per day						