

# INTEGRITY COVID OPERATING PROCEDURES

## EMPLOYEES

Temperature check daily upon entering facility. Employees will be required to stay home if fever over 100 or are symptomatic.

Maintain 6-foot distance from other employees and clients unless instruction makes it impractical.

Hand washing and sanitation upon entry to facility, as well as throughout the course of the day.

Routine disinfection of high contact surfaces.

Deep cleaning facility and apparatus after hours and during low-use times.

Face covering to be worn while interacting with clients.

Group sizes will be limited to comply with State guidelines.

Attendance will be taken daily to comply with contact tracing requirements.

## ATHLETES

Temperature check prior to arrival  
(If unable to check at home, one will be taken on site).

Must wash or sanitize hands upon arrival for class.

Must wash hands or sanitize before leaving facility.

Hand Sanitizer made available throughout facility.

Only bring items necessary for class  
(i.e. water bottle, grips, kneepads and shoes).

Limit use of cubbies and common areas where possible.

## PARENTS

Temperature check prior to arrival  
(If unable to check at home, one will be taken on site).

Only 1 spectator per child allowed. Drop off and pick up encouraged.

Maintain 6-foot social distancing while in the facility.

Hand Sanitizer made available throughout facility.

Limit use of cubbies and common areas where possible.

Face covering encouraged at all times while in facility.

I understand that the coaches and everyone at Integrity Athletics will make a strong effort to maintain social distancing but that there will be times when incidental contact and less than prescribed physical distancing will occur. I am aware and agree that spotting is an essential part of training my athlete in order to keep him/her safe and to prevent injury. I will allow my child to be spotted when spotting is necessary. I further understand that I am voluntarily allowing my child to participate in programs and activities offered by Integrity Athletics, knowing that it is impossible to keep him/her, myself or anyone else who enters the gym completely safe from exposure to the Covid-19 virus. I accept that risk.

