

\*\*Updated 8/8/2019

\*\*For the most up to date class offerings, as well as pricing, please see our website [www.integritygym.com](http://www.integritygym.com)\*\*

<u>Class</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
<b>Preschool Gymnastics</b>							
Rollie Pollies (6 mos)	10:15 Ashley						
Baby Bees (Walking-2)	5:15 Ashley	10:45 Carrie 6:00 Emilee		9:30 Ashley			
Caterpillars (2-3 yr)	9:30 Ashley 6:00 Ashley	11:30 Carrie 6:45 Emilee	11:00 Tish 4:45 Ashley	5:30 Emilee		10:00 Stacey	3:45 Maddy
Butterflies (3 yrs-Must be potty trained)	11:00 Ashley 4:30 Ashley 5:45 Emilee	12:15 Carrie 5:15 Emilee	10:15 Tish 4:15 Emilee 5:45 Emilee 6:15 Ashley	10:15 Ashley 3:45 Emilee 6:30 Sammie		10:45 Stacey 12:30 Stacey	3:00 Maddy
Grasshoppers (4)	4:15 Emilee 5:00 Emilee 6:45 Emilee	11:00 Ashley 4:00 Ashley 5:45 Ashley	9:30 Tish 4:00 Ashley 5:00 Emilee 5:30 Ashley 6:30 Emilee	11:00 Ashley 2:30 Ashley 4:30 Emilee 5:45 Sammie 6:15 Emilee		9:15 Stacey 11:45 Stacey	2:00 Maddy
Fireflies (invite only)		4:45 Ashley					
Jumping Bees (TNT)				2:00 Tristan			
Preschool Rhythmic		2:15 Hyejin					
<b>Girls Recreational Gymnastics</b>							
Little Dolls	9:30 Tish 5:15 Jen 6:15 Jen	10:30 Wes 1:00 Stan 4:45 Carrie 6:00 Ryan	12:30 Tish 4:45 TBA 6:45 TBA	1:30 Ashley 4:45 Sammie		9:00 Mandie 11:15 Mandie	1:00 Maddy
Level 1	10:30 Tish 4:00 Tish 5:00 Colleen 6:00 Colleen	5:45 Carrie 6:30 Sidney 7:00 Ryan	4:00 Kayla 5:00 Kayla 6:00 Kayla	4:00 Kayla 6:00 Alice		9:00 Kayla 11:00 Kayla	
Level 2	4:30 Kayla 6:15 Mandie 7:00 Colleen 7:15 Jen	4:30 Kayla 6:45 Carrie	5:45 TBA 7:00 Kayla	4:30 Linsey 5:00 Kayla 7:00 Alice	4:30 Tish	10:00 Kayla 12:00 Kayla	
Level 3 (70 min)	5:00 Mandie	7:00 Kayla	4:30 Karlee	6:15 Kayla		10:00 Mandie	
Level 4 (90 min)		5:30 Kayla	5:45 Karlee	4:30 Alice			
Level 5 (120 min)	5:30 Kayla				5:30 Tish		
Girls HUGS		7:30 Alli					9:30 Alli
<b>Rhythmic</b>							
Preschool Rhythmic		2:15 Hyejin					
Level 1	4:30 Caitlin		4:30 Hyejin	5:00 Hyejin			
Level 2	5:30 Caitlin						
Level 3					6:15 Caitlin		
Hugs (Sp. Needs)			4:45 Grace				
<b>Boys Recreational Gymnastics</b>							
Little Dudes		5:45 Akiva	10:30 Wes	5:30 Aidan	6:30 Konnor	9:00 Akiva	
Level 1	5:45 Max	6:45 Akiva	4:45 Aidan	6:30 Aidan	4:30 Konnor	11:00 Akiva	
Level 2	4:45 Max		5:45 Aidan	4:30 Aidan	5:30 Konnor	10:00 Akiva	
Level 3 (70 min)	7:30 Akiva	4:30 Akiva		7:30 Akiva			
Level 4 (90 min)	7:00 Brighton					12:45 Neil	
Boys Hugs			7:30 Alli				10:30 Alli
<b>Trampoline &amp; Tumbling</b>							
Jumping Beez (3- 4)				1:00 Tristan			
Little Jumpers	5:30 Brian		5:30 Amira	1:45 Tristan			
TNT Level 1	4:30 Brian	4:30 Sidney	7:30 Amira	4:30 Sydney			
TNT Level 2	7:30 Brian	7:30 Sidney	4:30 Amira				
TNT Level 3 (70 min)			7:45 Tristan				
Hugs (sp. Needs)				4:30 Trinity			
Trampoline Only		4:00 Tristan		5:30 Sydney			

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<b>Tumbling and Cheer</b>							
<b>Tumble Level 1</b>		<b>5:30 Sidney</b>	<b>6:30 Amira</b>	<b>6:30 Sydney</b>			
<b>Tumble Level 2</b>	<b>6:30 Brian</b>	<b>6:30 Wes</b>					
<b>Tumble Level 3</b>	<b>6:30 Wes</b>	<b>5:30 Wes</b>		<b>7:30 Sydney</b>			
<b>Tumble Level 4</b>	<b>7:30 Wes</b>	<b>4:30 Wes</b>					
<b>Tumble Level 5</b>	<b>4:30 Wes</b>						
<b>Tumble for Dance</b>	<b>5:30 Wes</b>						
<b>Ninja</b>							
<b>Little Ninjas (5-8)</b>			<b>4:00 Wes</b>				
<b>Ninja Intro (8+)</b>			<b>5:00 Wes</b>				
<b>Martial Arts</b>							
<b>Ju Jitsu</b>				<b>Tae Kwon Do</b>			
Ages 4-7: Tuesday, Thursday, Sunday 6:30-7:15				Small Dragons (Ages 3-6)-Monday & Wednesday 6:00-6:30			
Ages 8-12: Tuesday, Thursday, Sunday 6:30-7:15				Junior Dragons (Ages 7-13)-Monday & Wednesday 6:30-7:15			
Ages 13+: Tuesday, Thursday, Sunday 7:15-8:15				Teen/Adult (Ages 13+)-Monday & Wednesday 7:15-8:15			