

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Boys Recreational Gymnastics							
Little Dudes (5-6 yrs.)		5:45 Konnor	10.30 Wes 4:30 Gabe	5:30 Gabe		9:00 Vihn	
Level 1	5:45 Akiva	6:45 Konnor	6:30 Gabe	6:30 Gabe		11:00 Vihn	
Level 2	4:45 Akiva		5:30 Gabe	4:30 Gabe		10:00 Vihn	
Level 3 (70 min)		4:30 Konnor		5:00 Neil			
Level 4 (90 min)	6:45 Akiva			6:15 Neil			
HUGS							2:00 Gabe

Trampoline & Tumbling							
Jumping Bees (3- 4 yrs.)				2:00 Tristan			
Little Jumpers (5-6 yrs.)	5:00 Tarynn		5:00 Amira	2:45 Tristan			
TNT Level 1	4:00 Tarynn	4:30 Sidney	7:00 Amira	4:30 Sydney			
TNT Level 2	7:00 Tarynn	7:30 Sidney	4:00 Amira				
TNT Level 3 (70 Min.)			7:30 Tristan	6:30 Sydney			
HUGS (sp. needs)							
Trampoline Only		4:00 Tristan		7:45 Sydney			1:00 Trinity

Tumbling and Cheer							
Tumble Level 1		5:30 Sidney	6:00 Amira	5:30 Sydney			
Tumble Level 2	6:00 Tarynn	6:30 Wes					
Tumble Level 3	6:30 Wes	5:30 Wes					
Tumble Level 4	7:30 Wes	4:30 Wes					
Tumble Level 5	4:30 Wes						
Tumble for Dance	5:30 Wes						

Ninja							
Little Ninjas (5-8 years)			4:00 Wes				
Ninja Intro (8+)			5:00 Wes				

Martial Arts-Ju Jitsu and Tae Kwon Do							
<u>Ju Jitsu</u>				<u>Tae Kwon Do</u>			
Ju Jitsu (Ages 4-7)- Tuesday, Thursday, Sunday 6:00-6:30				Small Dragons (Ages 3-6): Monday & Wednesday 6:00-6:30			
Ju Jitsu (Ages 8-12)- Tuesday, Thursday, Sunday 6:30-7:15				Junior Dragons (Ages 7-13): Monday and Wednesday 6:30-7:15			
Ju Jitsu (Ages 13+)- Tuesday, Thursday, Sunday 7:15-8:15				Teen/Adult (Ages 13+): Monday and Wednesday 7:15-8:15			